



## AESTHETIC GROUP GYMNASTICS

World Cup II & Challenge Cup II  
The 4th Four Continents Championships  
Singapore Cup

---

1-4 April 2019 **SINGAPORE**

# Invitation

The 4<sup>th</sup> Four Continents Championships in AGG

IFAGG A-Category competition

**2019 AGG Singapore Cup**

IFAGG B-Category competition

in Singapore

**April 1-3, 2019**



Dear IFAGG members,

We are very pleased to inform that we will hold the 4<sup>th</sup> Four Continents Championships and AGG Singapore Cup in Singapore. We would like to invite you to the first-ever IFAGG competition in Singapore!!

**SPORT**

**AESTHETIC GROUP GYMNASTICS**

**ORGANIZATION**

D'Gymnastique Academy (IFAGG Member)

**CONTACT PERSON**

Miki Nomura

+65 9228 0100

Email: [aggwcsingapore@gmail.com](mailto:aggwcsingapore@gmail.com)

**LOCATION**

Singapore

**DATE**

April 1-3, 2019

**VENUE**

**OTH@Tampines Team Sports Hall**

Address: 1, OUR TAMPINES HUB, Tampines Walk, Singapore, 528523



**RULES AND REGULATIONS**

IFAGG Rules and Regulations

**FEDERATIONS INVITED**

Organization will invite all IFAGG members in good standing.

**EVENT FORMAT**

**The 4<sup>th</sup> Four Continents Championships Preliminaries and Finals competition:**

- Women competition (No limit, 12 groups in finals 2 per country)
- Junior competition (No limit, 12 groups in finals 2 per country)
- Children 12-14 (No limit, 12 groups in finals 2 per country)
- Children 10-12 (No limit, 12 groups in finals 2 per country)
- Children 8-10 ((No limit, 12 groups in finals 2 per country)

**AGG Singapore Cup Preliminaries and Finals competition:**

- Mixed Senior competition (No limit, all teams in finals)
- Mixed Junior competition (No limit, all teams in finals)
- Children 12-14 (No limit, 12 groups in finals 2 per country)
- Children 10-12 (No limit, 12 groups in finals 2 per country)
- Children 8-10 (No limit, 12 groups in finals 2 per country)
- Short program Women (No limit, all teams in finals)
- Short program Junior (No limit, all teams in finals)
- Short program Children 12-14 (No limit, 12 groups in finals 2 per country)
- Short program Children 10-12 (No limit, 12 groups in finals 2 per country)
- Short program Children 8-10 (No limit, 12 groups in finals 2 per country)
- Short program Mixed Senior competition (No limit, all teams in finals)
- Short program Mixed Junior competition (No limit, all teams in finals)
- Short program Mixed Children 12-14 (No limit, 12 groups in finals 2 per country)



- Short program Mixed Children 10-12 (No limit, 12 groups in finals 2 per country)
- Short program Mixed Children 8-10 (No limit, 12 groups in finals 2 per country)

The organizing committee reserves the right to make any further changes whenever necessary in accordance with the IFAGG rules.

All gymnasts must have a valid IFAGG license for 2019!

**JUDGES**

Proposal for judges registration should be made to IFAGG (only per IFAGG member) and only ONLINE: <https://ifagg.sportisaitti.com/competition/forms-and-applications/ifagg-judge-registration-form/>

To Organizing Committee via ONLINE:

[http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122)

**\*Please send the judge applications ONLINE to both the IFAGG office and the organizer.**

**The deadline is March 1, 2019.**

**WARNING: Judges request will not be accepted after the deadline.**

IFAGG nominates and confirms judges list after the deadline due.

IFAGG reserves the right to invite judges.

All judges must have a valid IFAGG judge license for 2019 and Judge’s dress code must be followed!

**DEADLINES FOR ENTRIES**

FORMS	DEADLINE
Preliminary entry	January 1, 2019
Visa request	February 1, 2019
Accommodation	February 1, 2019
Travel plan and transportation	February 1, 2019
Judge registration	March 1, 2019
Definitive entry	March 1, 2019
Music file submission	March 1, 2019
50% of the payment	March 1, 2019
100% of the payment	March 15, 2019

**REGISTRATION**

Registration will be available only ONLINE:

[http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122)



## ENTRY FEES

Participation fee for the 4<sup>th</sup> Four Continents Championships:

- A team consisting of 1-6 nominated gymnasts and a maximum of 2 coaches is EUR 150/group
- A team consisting of 7 or more nominated gymnasts and a maximum of 3 coaches is EUR 180/group
- Extra accreditations will be accepted with additional payments

Participation fee for AGG Singapore Cup:

- A team consisting of 1-6 nominated gymnasts and a maximum of 2 coaches is EUR 100/group
- A team consisting of 7 or more nominated gymnasts and a maximum of 3 coaches is EUR 130/group
- Extra accreditations will be accepted with additional payments

### Points to note:

- ✓ Please note the additional charge for the group registrations after the deadline is EUR 100 per group (to the LOC).
- ✓ The organizer will send you the invoice after the deadline. Please settle the payment in invoiced Singapore Dollars (SGD).
- ✓ The participating Delegation is responsible for **covering all bank fees** in connection with the bank transfers.
- ✓ The entry fee is **NON-REFUNDABLE**.

## ACCREDITATION

Accreditations will take place upon your arrival at the venue.

Team leaders are required to bring the following documents:

- Passports of all members of delegation
- Proof of medical insurance of all members of gymnasts
- Make all necessary payments

## PROVISIONAL SCHEDULE

Sunday, March 31, 2019

Arrival of Delegations

Monday, April 1, 2019

Arrival of Delegations

Welcome meeting and draw for the competitions at the venue

Training available at the venue with extra charges SGD 30/hour

Please book by email at [aggwcsingapore@gmail.com](mailto:aggwcsingapore@gmail.com)

Tuesday, April 2, 2019

Opening ceremony and Preliminaries for 4 continents Championships and



Singapore Cup  
Official Training for WC & CC II

Wednesday, April 3, 2019  
Finals and award for 4 continents Championships and Singapore Cup  
Opening ceremony and Preliminaries for WC & CC II

Thursday, April 4, 2019  
Finals and award for WC & CC II

Friday, April 5, 2019  
Departure of Delegations

Please note the organizing committee reserves the right to make any further changes whenever necessary in accordance with IFAGG rules.

#### **MEDICAL SERVICES**

The organizer will provide first aid medical service, two medics and an ambulance will be located in the competition area.

#### **DOPING**

IFAGG Code of Discipline

It's a condition of participation in IFAGG's activities that gymnasts and their assistants and representatives will follow the national and international doping rules. All gymnasts and their assistants and representatives are obligated to know the doping rules. The information of the prohibited substances and methods can be found on the WADA (World Anti-Doping Agency), www-pages.

#### **VISA**

Delegations should check in time if they need visa for entry to Singapore.

Visa requests should be made ONLINE before **February 1, 2019**:

[http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122)

Those who need the visa must send a request by including the following details; function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.

#### **Music**

All music must be submitted ONLINE by **March 1, 2019**.

**THE FILES MUST BE IN MP3 FORMAT AND LABELLED AS FOLLOWS:**

[http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122)

**Category\_Team Name\_Country code**

Sample: Women\_Team D'Gymnastique\_SIN



## INSURANCE

The Host Federation, the organizing committee and the IFAGG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

IFAGG Technical Regulations foresee that all participating delegations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.

The organizing committee will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy).

## TRANSPORTATION

The participating delegations must pay the travel costs of their delegation members.

Travel plan form must be submitted ONLINE by **February 1, 2019**:

[http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122)

### Airport transportation

The round trip between Singapore Changi International Airport and the official hotels: SGD 30/person

### Local transportation

More information will be available in the next bulletin.

### Points to note

- ✓ Airport and Local transportations will be provided only for delegation members who have booked the hotels below.

## ACCOMMODATION



Official hotel is: **Capri by Fraser Hotel Residences Changi City**

[Kitchenette is available in all rooms]

<https://singapore.capribyfraser.com/en>

Address: 3 Changi Business Park Central 1, Singapore 486037

Tel: +65 6933 9811 Email: [groups.singapore@capribyfraser.com](mailto:groups.singapore@capribyfraser.com)

All participant's reservation should be made through the reservation form for Capri by Fraser attached here → [http://rgform.eu/event.php?id\\_prop=1122](http://rgform.eu/event.php?id_prop=1122).

Participants will send their reservation forms and make payment directly to the hotel by February 1, 2019.

**All Judges are required to stay in this hotel**

**Please book through <https://goo.gl/forms/gY1x8Y7Vc2Si1eS83> (One form per room) \*Single or double rooms are available for judges.**

Prices:

SGD 235++ Studio Superior room with breakfast for 1 or 2 persons/day

SGD 265++ Studio Deluxe room with breakfast for 1 or 2 person/day

SGD 420++ Studio Deluxe room with breakfast for 4 persons/day



SGD 450++ Studio Premier room with breakfast 4 persons/day

\*Rates are subject to 10% Service Charge and 7% GST per room per night.



Supporting Hotel is: **Park Avenue Changi Hotel**

[Kitchenette is only available in some rooms]

<https://parkavenueintl.com/parkavenuechang/>

Address: 2 Changi Business Park Avenue 1, Singapore 486015

Tel: +65 6809 7300 email: [joe.ng@uel.sg](mailto:joe.ng@uel.sg)

**For Park Avenue, each delegation/group will book their hotel directly through the email by February 1, 2019. Please include event name (e.g “AGG World Cup II”) in the email.**

Prices:

SGD 200++Superior/Deluxe single room with breakfast/day

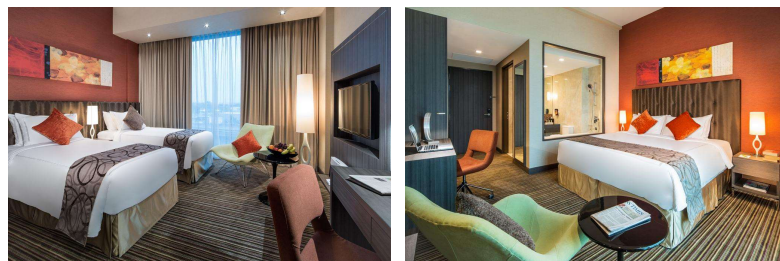
SGD 220++Superior/Deluxe twin/double with including breakfast/day

SGD 250++ Executive Deluxe single room with breakfast/day

SGD 270++ Executive Deluxe double room with breakfast/day

SGD 420++ Max.4 person in the room with breakfast/day

\*Rates are subject to 10% Service Charge and 7% GST per room per night.



#### Points to note

- ✓ Hotel rooms are limited and based on a first-come-first-serve basis, so do book your hotels early to avoid disappointments.
- ✓ Delegation may book other hotels with no penalty, however, the hotels mentioned above are the closest to the competition venue.

#### Meals

Lunch and dinner are not provided but eateries/shopping malls/supermarkets are available around the competition venue and hotels.

#### Final banquet

The banquet will be held on April 4, 2019 in the evening after Finals. More information will be available in the next bulletin.



### Live-streaming

We will have the live-streaming during the competitions in Singapore!  
More information will be available in the next bulletin.

### Social media

Website: [aggwcsingapore2019.com](http://aggwcsingapore2019.com)

Facebook page: <https://www.facebook.com/events/2391867054162539/?ti=ia>

### Personal data protection

Personal information of registered gymnasts, coaches, judges and volunteers are used in published official competition protocols, rgform.eu online environment, competition's/federation's website and in social media channels. By registering to the event, the gymnasts, coaches, judges and volunteers are giving a consent to publish visual material (photos, videos) on which they might be displayed. In case the persons in not consent with the previous, LOC and federation has to be informed in written form by the start of the competition. Only photographers and journalists with accreditation are allowed to take pictures and film the event (registering via rgform.eu or onsite).

### Tickets

The ticket prices: **SGD 10/day/Adult**

**SGD 8/day/Student**

Tickets will be available on the website at [aggwcsingapore2019.com](http://aggwcsingapore2019.com).

The tickets are limited, please book early!!

### PAYMENTS & DEADLINES

The organizer will send invoices to the contact person of each delegation. Please settle 50% of your payment (e.g., participation fees, judges' accommodation fees and transportation costs) by **March 1, 2019**, and the rest by **March 15, 2019**.



We are looking forward to seeing you in Singapore!